



EXERCISE FACILITY RELEASE FORM

RELEASE, ASSUMPTION OF RISK, AND COVENANT NOT TO SUE

I, the undersigned, hereby acknowledge that I will be using the exercise facility and adjoining locker room (collectively “Exercise Facility”) at 1515 Arapahoe, Denver, Colorado (“Building”). I am aware of, and acknowledge the risk of damage and personal injury or death arising from, or in connection with my use of the Exercise Facility, and assume all risks associated with such use. I hereby discharge and release TR Park Central, LLC, the Building owner, and Jones Lang LaSalle Americas, Inc., the Building manager, and their employees, agents and representatives (collectively “Releasee”) from any and all liabilities, claims, demands and causes of action I may have now or in the future resulting from or arising in connection with the use of the Exercise Facility. I covenant that I will not now, and will not at any time in the future, directly or indirectly, commence or prosecute any action, suit or other proceeding against any Releasee concerning, arising out of, or in connection with the use of the Exercise Facility. I also covenant that the use of the Exercise Facility is for my sole and personal benefit and that such use is beyond the course and scope of my employment.

I certify that I have carefully read this Release and Assumption of Risk, that I fully understand the terms and conditions of this release, and that I have signed this Release and Assumption of Risk voluntarily and willingly. This Release and Assumption of Risk shall be binding upon me, my spouse, legal representatives, heirs and assigns.

Name (Signature)

Name (Printed)

Date

Tenant

Access Card Number

**Please fill out this form and attach it to a request in the Angus work order system.
Please email lauryl.lowe@am.jll.com with questions.**



EXERCISE FACILITY GUIDELINES AND ETIQUETTE

It is our desire to provide our tenants with a safe and clean environment in which to workout. Please review the exercise facility guidelines and etiquette below.

LOCKER ROOM GUIDELINES

Lockers are available for daily use only. We recommend that employees using the facility do not bring valuables into the facility. Personal locks must be used and removed every day to secure belongings while using the exercise facility. Do not leave valuables unprotected. We are not responsible for lost or stolen property.

Due to the limited number of lockers available, we cannot allow locks to be left on overnight. When this occurs, the locks will be removed and any personal articles in the locker will be disposed of. We will not accept responsibility for any personal articles left behind.

- Do not leave personal hygiene products in the shower, on the counters or in the lockers.
- Do not leave behind wet towels or used clothing.

EXERCISE FACILITY ETIQUETTE

- Please limit cell phone use for music only. For your safety, do not talk or text on your phone while using the exercise equipment.
- Proper athletic attire must be worn at all times. Sneakers must be worn at all times. No sandals, open toed or open backed shoes, jeans or jean shorts are permitted.
- Food, gum, smoking, tobacco products, alcohol, and drugs are not permitted.
- Water and sports drinks are permitted provided they are in a sealable non-glass container.
- All employees are required to wipe down cardio and weight room equipment after each use. Disinfecting wipes are provided.
- Other employees must be allowed to “work in” between sets.
- Return weights to the tree or rack.
- Weights or dumbbells may not be dropped on the floor or benches.
- As a courtesy to one another, during busy times or whenever someone is waiting for a machine, please limit your use of one machine to 30 minutes.

Please report any problems you have with any of the equipment to the Management Office by calling 303.571.5000.